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What is claimed is:

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- 1. A method for making taste of seasoning better, and/or for providing seasoning with body taste, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the seasoning.
- 5 2. A method for enhancing body taste of extract, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the extract.
 - 3. A method for enhancing egg flavor of processed egg food, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the processed egg food.
 - 4. A method for enhancing body taste of soup, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the soup.
 - 5. A method for providing curry roux or stew with body taste, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the curry roux or stew.
 - 6. A method for inhibiting heat-browning odor of Japanese soup or its stock, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the Japanese soup or its stock.
- 7. A method for providing processed animal meat food with body taste, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the processed animal meat food.
 - 8. A method for enhancing body taste and fried-egg flavor of fried rice, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the fried rice.
- 9. A method for inhibiting proteinous odor of vegetable protein, comprising adding a long-chain highly unsaturated fatty acid and/or an ester thereof to the vegetable protein.
 - 10. A method according to any one of Claims 1-9, wherein the long-chain highly unsaturated fatty acid is an n-6 long-chain highly unsaturated fatty acid.
 - 11. A method according to Claim 10, wherein the long-chain highly unsaturated fatty acid is arachidonic acid.
 - 12. A method according to any one of Claims 1 9, wherein the long-chain highly unsaturated fatty acid is an n-3 long-chain highly unsaturated fatty acid, and is obtainable by oxidization treatment.
 - 13. A method according to any one of Claims 1 12, wherein the long-chain highly unsaturated fatty acid is derived from microorganism.